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| IF Karlstad Fotboll - UTBILDNINGSPLAN 7-9 ÅR | | | | | | | | | | | | | | | | |
|  | Januari | Vecka 3-11 | | Mars | Vecka 12-20 | | Maj | Vecka 21-32 | | Augusti | Vecka 33-41 | | Oktober | Vecka 42-50 | | December |
| 7 ÅR |  | Fint-Dribbling Skott Passning | 3-5  6-8  9-11 |  | Fint-Dribbling Skott Mottagning | 12-14  15-17  18-20 |  | Fint-Dribbling Skott & Mv | 21-23  30-32 |  | Fint-Dribbling Skott Passning | 33-35  36-38  39-41 |  | Fint-Dribbling Skott Mottagning | 42-44  45-47  48-50 |  |
| 8 ÅR |  | Fint-Dribbling Skott Passning | 3-5  6-8  9-11 |  | Fint-Dribbling Skott Mottagning | 12-14  15-17  18-20 |  | Fint-Dribbling Skott & Mv | 21-23  30-32 |  | Fint-Dribbling Skott Passning | 33-35  36-38  39-41 |  | Fint-Dribbling Skott Mottagning | 42-44  45-47  48-50 |  |
| 9 ÅR |  | Fint-Dribbling Skott Passning | 3-5  6-8  9-11 |  | Fint-Dribbling Skott Mottagning | 12-14  15-17  18-20 |  | Fint-Dribbling Skott & Mv | 21-23  30-32 |  | Fint-Dribbling Skott Passning | 33-35  36-38  39-41 |  | Fint-Dribbling Skott Mottagning | 42-44  45-47  48-50 |  |